

Bright Futures Await!

**girls
inc.**
21 June 2024



The Girls Inc. Eureka Experience at Washington University

The Eureka Summer Program is in full bloom! This week, our 10th-grade girls, accompanied by Eureka Coordinator Dr. Lynn Friend and supported by Dr. Sheretta Barnes of Washington University, visited the University's Institute for Surgical Education. This visit marks the launch of our intensive, five-year STEM-based program, designed to build confidence and skills through hands-on opportunities in science, technology, engineering, and math.

Washington University is one of our esteemed partners, dedicated to educating our girls and inspiring them to explore bright futures in the sciences. Now in its 11th year, the Eureka Program takes a comprehensive "whole girl" approach, incorporating sports and physical fitness, personal development, mentoring, and college and career readiness. Beyond the summer program, we offer monthly events throughout the school year to further support our girls' growth and development.



North County Incorporated Awards Girls Inc. for DEI

Girls Inc. Eureka & Washington University

Magical Moments in Music, Gardening & Culinary Art

Girls Inc. Commemorates Title IX & Juneteenth



Girls Inc. Receives Diversity, Equity & Inclusion Leadership Award

On May 22, 2024, at the Marriott St. Louis Airport, North County Incorporated (NCI) celebrated several distinguished area leaders for their outstanding contributions and dedication to the North County region at its 47th Annual Leadership Breakfast. Cheryl Jones and the Girls Inc. staff, proudly accepted the Diversity, Equity & Inclusion Leadership Award on behalf of the organization.

"NCI is pleased to recognize exceptional North County leaders. It's awe-inspiring to know these individuals and their organizations are making a difference in the lives of so many of our residents and businesses," said NCI President and CEO, Rebecca Zoll.

NCI fosters collaborative partnerships, coordinating resources and efforts of civic and business leaders to present a unified voice on regional issues.

Little Green Thumbs and Jr. Chefs: Lessons in Gardening & Culinary Arts

Using mindfulness and nutrition as a guide, our girls are developing positive body images while learning the nutritional benefits of healthy eating and food preparation.

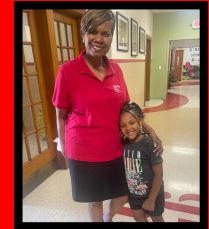
🌱 The gardening adventure encourages the girls to get their hands dirty and have some fun. They're learning how to plant seeds and watch them grow into beautiful plants, while exploring nature and the secrets of the soil. And, in due time we'll all enjoy the fruits (and veggies) of our labor by harvesting and tasting fresh produce. Through hands-on activities, we want to make learning about plants exciting.

🍳 Our Jr. Chefs are in the kitchen cooking up something tasty! We don't mind a messy kitchen because our girls are exploring. They're learning to make fun, delicious recipes and discovering the magic of different flavors, ingredients and cooking techniques. The best part is, they're sharing creations with friends.

We believe in interactive learning that bridges fun and knowledge and through these experiences we want our girls to gain skills that will last a lifetime.



Miss Little Named Chief People Officer of the Week



We are continually inspired by the brilliance, courage, and selflessness of our young girls. We take great pride in showcasing their exemplary demonstrations of our 'word of the week' and embodying themes of responsibility and respect.

We are thrilled to announce Miss Little as our "Chief People Officer" this week! She eloquently shared her insights on fostering new friendships and resolving conflicts, and promptly provided Mrs. Jones with valuable advice on promoting kindness and encouragement among the girls. Miss Little is a daily beacon of light and inspiration!



The Musical Influence of Mr. Beverly

🎵 We're diving into the world of music this summer with our exciting "Elements of Music" class! It's a creative and educational journey with engaging activities that make learning music fun. Mr. Beverly teaches music appreciation which leads to developing musical skills and boosting their self-confidence.

The girls experience various musical media platforms as Mr. Beverly fosters a dynamic and lively learning environment. Each week a new genre and artists are introduced, along with vocal training, music design and construction, and an exploration into independent studies of music.

Since the beginning of the summer, girls have dived into genres like Pop, Disco and Blues with a spotlight on influential artists, Whitney Houston, Gloria Gaynor and Big Mama Thornton who've all paved the way for the music we enjoy today.

There's never a dull moment in this class as the girls are encouraged to express their ideas about lyrics, vocals, and rhythms bringing cultures together through a shared love of music. You can't escape the energy in the room, it will have you singing and dancing all the way home!



Embracing Heritage & Marking Milestones



Happy Juneteenth!

Juneteenth is a special day when we celebrate freedom and history. It marks the day, June 19th, in 1865, when enslaved African Americans in Texas learned they were free—two years after the Emancipation Proclamation. We must remember and honor the bravery and resilience of those who fought for freedom. Juneteenth reminds us of the importance of equality, justice, and celebrating our diversity as a nation. It's a day for learning, celebrating together, and understanding our shared history.



Girls Inc. Celebrates Title IX, Ensuring Equality for All

On June 11th, we celebrated the transformative impact of Title IX on education and athletics in the U.S., ensuring equal opportunities for all students, regardless of gender. We reaffirm our commitment to equality and fairness in our Girls Inc. programs, recognizing both the progress made and the ongoing work towards true gender equality. Join us in celebrating Title IX's achievements and continuing the fight for equality and inclusion. Together, we can ensure every student thrives.



All Aboard!!!

Every Friday during the summer, Girls Inc. will embark on exciting adventures to nearby attractions to explore, learn, and have fun. Please have your child at Girls Inc. no later than 9am to participate in the scheduled field trip, and the bus will return no later than 3pm. The girls are to wear Girls Inc. t-shirts and approved shorts or pants.

Note: Field trip plans are subject to change at the discretion of Girls Inc. We will make every effort to notify parents in advance of any changes.

Friendly Reminders:



**FINAL CALL:
PICK UP YOUR
BADGE!**

FIELD TRIP FRIDAYS

Arrive by 9am
*No Field Trip on July 5th

CLOSED

Independence Day
Thurs., July 4th

WORD OF THE WEEK



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Thank you for sharing your daughters with us!



INSPIRING ALL GIRLS TO BE STRONG, SMART AND BOLD.